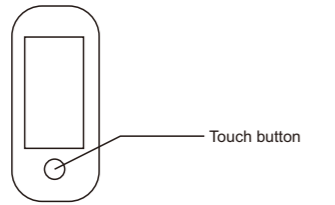


# User Guide



## I. Introduction of Complete Machine

### 1.Button



### II. Quick use

For the first use, please charge the bracelet for two hours, the charging bracelet will automatically turn on.

- 1.Power on: When the device is off, long press the touch button to power on, the bracelet vibrates and displays the main Interface;
2. Shut down: Tap the touch button to enter shut down page and long press to shut down.
3. Bracelet operation: the device is single-touch, click the touch key to switch, long press the touch key to confirm.

## III. APP Download

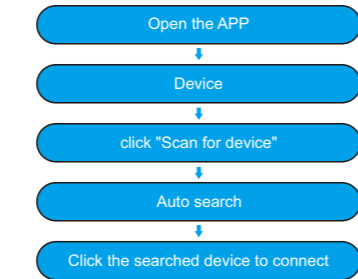
1. Scan the QR code to download and install "JYouPro".
2. IOS: Search and download "JYouPro" in the APP Store.
3. Android: Search and download "JYouPro" in the Google Play, App Store and other application markets.
4. Equipment requirements: IOS 8.0 and above; Android 4.4 and above, BT version 4.0 and above



### Connect the device:

A. Registered users: open the APP for the first time, you will enter the login interface, click the registration icon to enter the registration interface, and enter the relevant information according to the interface prompts and click register. Please log in with a successfully registered account, as all information can be recorded and saved only after logging in to the account. It is recommended to use your real information to register, so that you can retrieve it when you change your device or forget the password.

### B. Bind device:



After the connection is successful, the bracelet will automatically match the phone's language, time, date. The user can set various functional parameters of the bracelet in the APP "device". You can view the data of various functions on the homepage, and click under a single function to view the historical data.

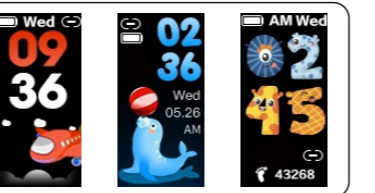
C. Connection considerations  
Please make sure that your phone's BT is turned on, and all App permissions are opened as prompted.  
Check whether the battery level of the bracelet is sufficient. Please charge the bracelet to the power-on state before using it.

When pairing connection, please make sure that the distance between the bracelet and the mobile phone is less than 50CM; If you can't find the device in the Android phone APP, please check whether your phone device allows "JYouPro" to use BT. Please do not directly search and connect bracelet in the phone settings, need to enter the APP to search for connection.

## IV. Introduction of Bracelet Function

### Main interface

Bracelet has 3 main interfaces. Long press the touch button to change screens. After the APP is successfully connected, the time, date and other information on the main interface will be updated synchronously. The APP device interface has dial market, which can be downloaded and updated to the bracelet device according to personal preference.



### Calorie

Click to switch to the calorie page, and the bracelet will display measurement data based on the current steps and the personal information such as height, weight and gender in the APP.



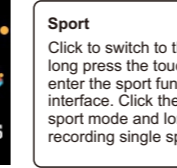
### Discount

Click to switch to the discount page, and the bracelet will display measurement data based on the current steps and the personal information such as height, weight and gender in the APP.



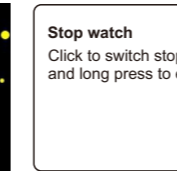
### Sleep

Click to switch to the sleep page, the bracelet can provide the hours slept and quality of sleep stats on both the screen and the app. When wearing the bracelet to sleep, the bracelet automatically enters the sleep monitoring mode. (Sleep data will be available only when you wear the bracelet to sleep)



### Sport

Click to switch to the sport page, long press the touch button to enter the sport function selection interface. Click the button to select sport mode and long press to start recording single sport.



### Stop watch

Click to switch stopwatch page and long press to enter.

### Shut down

Click to switch the shutdown page, the bracelet will vibrate and shut down after long press.

### About

Click to switch to the about page, you can view the BT name, MAC address and firmware version of the bracelet.

## V. Notices

1. Do not use adapters with charging voltage higher than 5V and current higher than 2A to charge the device for up to 90 minutes.
2. Do not charge the device when there is water stains.
3. Do not use device while soaking, swimming, diving, taking a hot bath and raining.
4. The device is an electronic monitoring product, the results only are for daily reference in stead of medical reference.
5. As the photoelectric sensor is highly sensitive component, please keep it away from the hard objects to avoid damage. After wearing for a period of time, there may be sweat and dust on the surface. You need to clean it regularly with a soft cloth.

## VI. Basic specification

CPU	BK3633
Screen	0.96inch color TFT screen
Battery	105mAh
Touchscreen	Single Touch button
Charging voltage	5V

### Information to User

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

**Note:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation, This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Important: Change or modifications not expressly approved by the manufacturer responsible for compliance could void the user's authority to operate the equipment.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.